



Product Description Copy

Centr Fitness Kits

Product Name: Centr Bodyweight Training Kit

Product Name Optimized for Ecomm: Centr by Chris Hemsworth Bodyweight Training Kit with 3-month Centr Membership

Introducing Centr's Bodyweight Training Kit, the ultimate package of bodyweight training tools to help you get stronger. This comprehensive training kit is designed to strengthen and tone your entire body so you can feel more powerful.

The kit includes a pair of push up handles, a door-mounted pull-up bar, and a pair of bodyweight training straps, providing everything you need to build muscle and get stronger. Get a true full body workout, improve your grip, build your endurance, and get unlimited versatility with both push and pull exercises in one complete kit.

The Centr Bodyweight Training Kit includes a 3 month digital membership (\$59.99 value) to the Centr app where you can train with Chris Hemsworth's team of experts while unlocking the power of your new equipment through customized workout programs. Centr is your go-to source for total well-being with limitless ways to fuel your movement, meals, and mind.

- **Complete Package to Build Strength** Get stronger, build muscle, and crush your goals. It's amazing what you can do with your bodyweight and the right tools.
- **Pull Up Bar** Get a stronger upper body with this door mounted pull up station, no drilling required.
- **Push Up Handles** Keep your shoulders and arms in better alignment while reducing strain on your wrists.
- **Bodyweight Training Straps** Use nothing but gravity and your own bodyweight to get a full body workout, just about anywhere.
- **3 Month Centr Digital Membership** Use your equipment with Centr for personalized coaching from Chris Hemsworth's team of experts. Includes a 3-month digital membership (\$59.99 value).

ALT - Shorter Copy

Introducing Centr's Bodyweight Training Kit, the ultimate package of both weighted and bodyweight training tools to help you get stronger. This comprehensive strength training kit is designed to strengthen and tone your entire body so you can feel more powerful.

The kit includes a pair of push up handles, a door-mounted pull-up bar, and a pair of bodyweight training straps, providing everything you need to build muscle and get stronger.

This Centr Kit includes a 3 month digital membership (\$59.99 value) to the Centr app where you can train with Chris Hemsworth's team of experts while unlocking the power of your new equipment through customized workout programs. Centr is your go-to source for total well-being.

- A complete strength training kit designed to strengthen and tone your entire body
 - Includes a pair of push up handles, a door-mounted pull-up bar, and a pair of bodyweight training straps
 - Get a full body workout, strengthen your grip, and build your endurance
 - Includes 3-month Centr digital membership (\$59.99 value)
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